

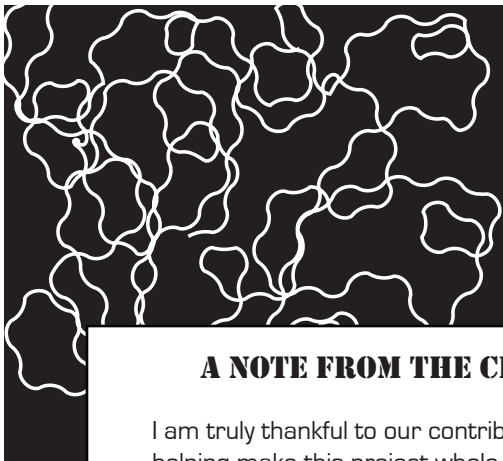


**'AOLANI & MEME'S DECLASSIFIED
CORONAVIRUS SURVIVAL GUIDE**

By 'Aolani, MeMe & Others

CONTENTS

- 1 A Note From the Creators**
- 2 Zine Contributors**
- 3 Enjoy and Be Well**
- 4 A Quick Little Rant**
- 5 Quarantine Essentials**
- 6 Night Dreams**
- 7 Ways to Practice Mental Wellness**
- 8 Drive**
- 10 Coronavirus Headlines**
- 12 Florida Man Article**
- 12 Florida Man Article**
- 13 Coronavirus Time Capsule Article**
- 16 The End**



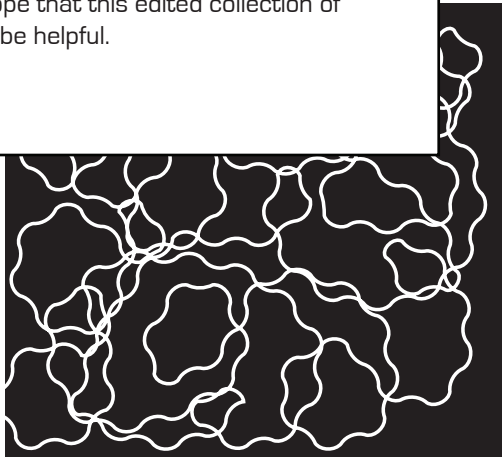
A NOTE FROM THE CREATORS

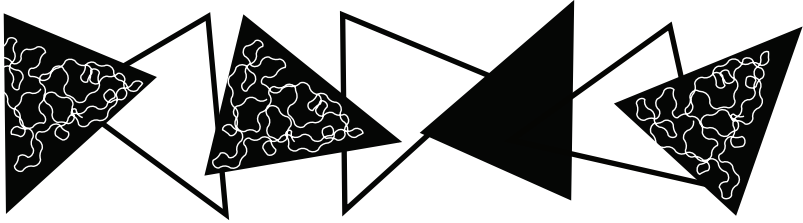
I am truly thankful to our contributors for helping make this project whole. My main hope is that this zine brings about smiles and laughs during this difficult time. We will get through this together.

-MeMe

This project came to mind as a way of bringing people together during these difficult times. Sometimes the best medicine for a situation is a laugh or smile. Through satire, humor, and positivity we hope that this edited collection of fragments will be helpful.

-'Aolani





ZINE CONTRIBUTORS

Angelica Zadak

Otter1038

Nikki C.

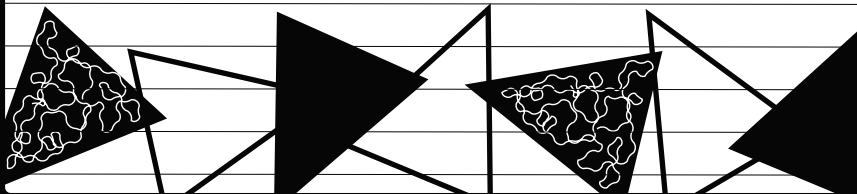
Jordan G.

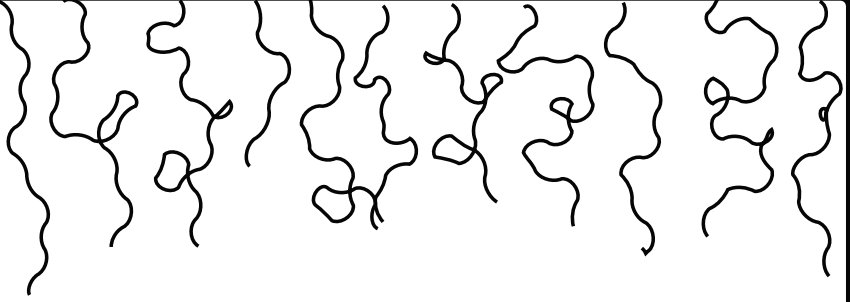
KA

Bombshelbri

J. B. Patty

And other anonymous contributors





Enjoy and be well



A Quick Little Rant

By MKSM

So you know that one restaurant that will always be your favorite even when you move away to college and become an adult and whatever well I am back home from college living back with my parents and I cannot eat at my favorite restaurant because they temporarily closed because of coronavirus and all I can think about is that they aren't able to make money and they might shut down and I will never get to eat the best turkey club sandwich ever again and then I get emotional and sad and angry at the same time because like why does coronavirus have to suck so bad and why can't people just stay home and protect themselves and others because there are literally people who are so sick they can't breathe and you are the one complaining because you don't like social distancing like seriously do you know how stupid that is grow up stay home so that my favorite restaurant can open back up once this pandemic ends if it will ever end.

QUARANTINE ESSENTIALS

A better wi-fi router, a list of good snacks to buy beforehand, and probably a favorite meal from a restaurant I hadn't been to in a long time

- Not Anonymous

A note telling me not to buy anything frivolous, a note telling me to hug as many people as I could as hard as I could, and a face mask

- Angelica Zadac

Barbell, active dry yeast, a mask with personality

-Anonymous

A mask, lotion, and all the essentials for a pedicure.

- Nikki C.

Wifi extender, blankets (cozy objects), candles, and gaming systems

- Jordan G

A list of things that were going to be out of stock frequently and as many liquor store coupons as I could fit in there.

-J. B. Patty

Chocolate. Hair trimmer. Steam games gift card

- Otter1038

food, drinks, nintendo switch, pajamas, candles, self care items, painting supplies

-Bombshelbri

Lots of sweets

-KA

Night Dreams

BY MKSM

I have night dreams
About COVID-19

Coughs at night
Not breathing right
Body temperature too high

Blurred sight
No appetite
Limited TP supply

When will it get me
I do not know

I feel it watching
And waiting
For the perfect time

To make me sick
And inflict
Havoc upon my enzymes

I hide away in my home
Frigid and afraid

I miss the outside
And going for a drive
Breathing in fresh air

I am quarantined
With low self esteem
COVID-19 is just not fair

WAYS TO PRACTICE MENTAL WELLNESS

Self reflection, exercise, eating well, creating a schedule to keep a sense of time and feel little moments of accomplishment
-Angelica Zadak

Walking around the neighborhood and chocolate.
-Otter1038

Playing animal crossing new horizons and taking brief walks outside for some fresh air
-KA

binging series on Netflix, playing games on my phone, scrolling on social media, painting and blogging
-Bombshelbri

I make sure to keep in close contact with friends, family members, buy my favorite snacks, binge watch tv shows and movies, try to learn a new skill if I'm feeling bored.

But most importantly, I remember to be patient with myself and take my mental well being on a day-to-day basis. I would try to spread out my usual tasks as much as possible, knowing that on some days I would feel more productive than others.

- Not Anonymous

Art, cooking/baking, video calls, exercise
- Anonymous

Hobbies / Rearranging living space / Connecting with family and friends via calls or video
-Jordan G

I started doing yoga and devoting significantly more time to things on my "media bucket list" (Video games, shows, and movies I haven't consumed
- J.B. Patty

D r i v e

By Otter1038

I was sitting in a movie theater the other night thinking about the route home. It is a ten-minute drive late at night when the traffic has settled.

However, I realized, my thoughts had betrayed me because I was in a different city, it was a different route, I lived in a different home.

The movie theater is the same, stick floors, buttery smell, soda stained seats. I argued with my mind, it is just a ten-minute drive I thought, right.

I drove the route in my head left out of the parking lot, straight for 1.3 miles, then left on to the interstate and drive. Here, that is my exit but the peddle did not release.

Nothing but headlights rising over the dark horizon, reflectors marking the lanes, green rectangle signs flashing by, and a Waffle House.

Just drive, I thought, before you know it the moon fades behind a hill, and the air calms, the roads quiet, except tires humming over asphalt.

A late-night radio station plays a cool October song.

That is her exit ahead. At least it was ten years ago. I don't really know anymore. That used to be home.

The sun's coming up soon.

I drive until the credits end and speakers crackle, and lights illuminate a path down the steps, then walk out the front door, into the cool early spring air, cars scatter across the emptying parking lot and drive, I'll remember the way.

For my journalism class, the professor asked us

to collect some interesting headlines that we saw throughout the week while browsing the web.

A lot of them all center around the current pandemic of course, but some of them were pretty fun. Others sounded really useful.

I think I'll have to go back and read some of these.

Headlines for this week:

"How to learn to be alone without feeling lonely" (I might send this to one of my friends)

"So, You're Home... How can YOU Help?" (This one sounds really helpful.)

"Stop and See" (This one sounds interesting.)

“Work engulfed in toilet paper crisis”
(Lol)

“Getting Corona Virus Right: How to Flatten the Curve” (Also a real informative one)

“Covid-19 what to know about the mysterious virus” (Another good one)

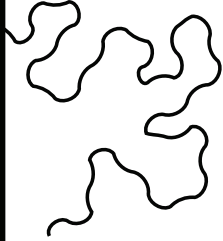
“Social Distancing isn’t that hard everyone” (I know some people that need to read this one)

“COVIE-19 and Chill” (This one was pure gold)

“Worldwide Pandemic (of Existential Crises)” (Great pun!)

I also saw one that talked about the positives of all of this. I can’t remember the name but it was a nice reprieve from everything else.

And now for a brief news break:



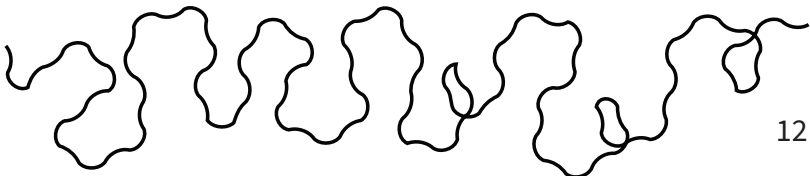
The Newsy News Times
April 25, 2020
By Journalist Jane

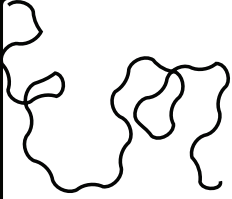


Florida man caught with garage full of toilet paper,
hand sanitizer, and a jungle cat

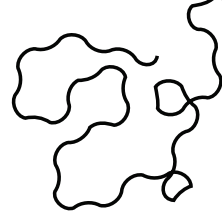
Police in Broward County say that they recently arrested a local resident with a rather unusual stockpile. After getting calls from neighbors about mysterious noises coming from Mr. Taylor's resident, officers were sent to investigate. They say that they could not believe their eyes when they saw what was hiding in the garage.

According to the police, Mr. Taylor was found carrying over 200lbs of toilet paper, washing detergent, rags, and a poor little rubber cat. Taylor reportedly told officers that his neighbors were feeding him cat food, so he assumed that his family dog had died and left him to care for the poor beast. They say that Taylor...





The Newsy News Times
June 1, 2020
By Journalist Jane



Memorial Timecapsule Buried to Commemorate End of Quarantine

Local correspondent Newsperson Newson was on the scene for a tremendous occasion. A group of residents have gotten together to create a time capsule to celebrate the end of quarantine and to commemorate the difficult times that we have all managed to get through together.

Newson interviewed a few of the participants about their reasoning.

“I think it’s important to always have some way to remember the past, ya know? In 100 years, some kids might not believe what we went through,” said Persona Anon.

“People are so quick to forget the past nowadays. Once it’s out of the news, it’s gone. Out of sight, out of mind is the saying. This will help prevent that and make sure that this event does not get lost to the passage of time,” quipped Miss Priss.



Skater Boy responded, “ I don’t know about everyone else, but I had some old junk that I wanted to get rid of and thought this would be the perfect excuse ya know?”

Some of the items included in the capsule included:

Handmade bandanas and face coverings

A homemade mosaic

A book on “The Importance of Spending Time with Loved Ones”

A copy of Animal Crossing: New Horizons

A video montage of Andrew Cuomo and his brother

Photos/videos of people interacting on Zoom

A pack of active dry yeast

A pillow

Photos of their apartment

Toilet paper

A bottle of wine

Newspaper clippings of statistics

Journal entries from quarantine

Photos of empty buildings and streets

Bath and Body works hand sanitizer

Sweatpants

A DVD copy of Tiger King

A Thesis

A sheet of paper asking for followers on social media



17

JAP15-001

The finished capsule was buried at approximately 2 pm in the center of Wolflake Park.

Everyone stood six feet apart and shared their stories from quarantine. Some recounted the badly done haircuts while others reminisced on all of the fish they caught in Animal Crossing.

Afterwards, the group was asked about their final thoughts. Many had no idea what was to come, but they were just happy that the worst was over.

There is no telling how the future denizens of Broward County will react when the time capsule is opened 100 years from now. However, you can be assured that The Newsy News Times will be there to report on it.

